

## **Dermal Filler Information and Aftercare Sheet**

Injectable cosmetic injectables are used to soften wrinkles, facial folds and add volume to areas like the lips, cheeks and chin. They are popular for lip augmentation procedures and anti-aging treatment to restore lost facial volume. Topical and/or local anaesthetic can be used to reduce discomfort in the treatment area. All brands of dermal fillers are dissolvable and temporary, lasting between 8 and 18 months depending on the specific filler used.

Dermal filler product ranges used at Gold Coast Plastic Surgery include:

- Juvederm
- Restylane
- Perlane
- Emervel
- Radiesse
- Esthelis

### **Possible Side Effects**

Temporary side effects of dermal fillers you may experience include:

- Swelling and redness
- Tenderness
- Bruising
- Bumps
- Cold sores (if prone prior to treatment)

In rare cases, infection, granuloma (a small accumulation of tissue), rashes and an irreversible discolouration or scarring at the injection site may occur.

In extremely rare cases vascular compromise has been noted. Extreme care is taken by the nurses at Gold Coast Plastic Surgery to minimise this risk. Some areas are more high risk than others. The compromise occurs when a vessel is either compressed by surrounding filler product or inadvertent direct injection of dermal filler product into a vessel. If this occurs, your cosmetic injector can dissolve (hyalase) the dermal filler product in an attempt to prevent further complications occurring from a vascular compromise.

Signs and symptoms requiring an **urgent review** include:

- Blanched area of skin (localised pale appearance)
- Increased visibility of vascular network
- Dark or dusky area of skin with pain
- Visual disturbance